

# Official EAST OF ENGLAND COUNT ME IN GROWING PEER LEADERS FOR COPRODUCTION 3 day Course



Developing peer leaders is key to making personalised care business as usual in Health and Social Care Organisations. Services simply work better when local people have the chance to work in genuine partnership to co-design those services.

We want to ensure that people are at the heart of decision making and have opportunities to work in equal partnership with health and social care professionals to shape the future of health and care services.

If you want to become a peer leader or if you are working in a health or social care organisation and looking to support their development, this course is for you

**A Peer Leader is a person with lived experience committed to working collaboratively with the system to influence the way personalised care and support is developed and delivered.**

The course is free to participants and forms part of the East of England Count Me In programme. It aims to develop people with lived experience from across the region to be skilled peer leaders able to support the health and care system to make personalised care business as usual. Content for the course will cover:

What coproduction leadership is all about

How coproduction can help build better services

How we can make the change happen locally

Developing the skills and confidence to be a peer leader

Exploring opportunities to influence the changes ahead

## GET INVOLVED – Book your place

This is an exciting opportunity to explore how we can work together to build peer leadership and coproduction. We are looking for two to three people with lived experience from each area to come along with someone from their Local Authority or CCG whose role enables them to support and build capacity for coproduction.

The first two days will be held on 6<sup>th</sup> March and 3<sup>rd</sup> April at the Cambridge Professional Development Centre. The third day will be held on 15<sup>th</sup> May. Venue details for this date will follow soon. Each day will start with tea and coffee and will run from 9.30am until 3pm. Lunch and refreshments are included. The days are linked so we are looking for people who can participate in all three days.

We really hope to see you there!

**TO SECURE YOUR PLACE PLEASE CONTACT: Helle Penson**

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**For more info call Simon on 07595 983 534**