



Count me in Pledge

This pledge is a promise from the eleven authorities across the East of England

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We promise to empower people and families to work with us as partners in making sure people with care and support needs get the best care and support possible.

We call this coproduction.

What is Coproduction?

- Coproduction means people and families working together with health and social care professionals to improve the lives of people with health and social care needs in our communities.
- People and families become part of the decision making process
- This is a long term relationship sharing power with people to make change happen

Why is Coproduction important?

- Coproduction helps improve the lives of people with care and support needs
- It allows us to make sure people have the right person centred care and support around them
- Coproduction helps us build stronger communities and social networks
- Coproduction is cost effective. It makes sure we use the resources we have on the things that matter most to local people
- The people involved in coproduction learn new skills and develop new networks

Who is coproduction for?

- Coproduction is for people and families, and for people working in health and social care
- Coproduction allows everyone to work together as equal partners

- When coproduction is working well, people and families have the training and support they need to work alongside health and social care professionals as equal partners
- Working together in this way helps us improve the lives of people with support needs in our communities

What we are pledging to do?

We will build our capacity for coproduction

- We will work to increase the knowledge, skills and confidence of people and families so they can work with us as strategic partners throughout the commissioning cycle
- We will do this by providing a range of accessible training, support and mentoring for people and families in partnership with local voluntary and community groups
- We will seek to develop coproduction teams and recruit people who are not currently involved

We will take coproduction seriously

- We will create accessible ways for people and families to work with us as strategic partners to plan, deliver and review care and support for local people
- We will make sure people and families can come together with the right people at the right time and work with us as equal partners
- We will use coproduction teams to help us make key decisions about how we can best use the resources we have to improve the lives of people with care and support needs

We will be open in sharing our progress

- We will make sure people can come together to understand and review our success
- We will take the time to celebrate our progress and our successes
- We will work together to learn what works well in implementing coproduction so we can improve

How will we implement this pledge?

- We will ensure this pledge is part of local coproduction work and as part of *Social Value in Commissioning*
- We will work with people and families to create the plan for implementing this pledge together
- We will set up coproduction teams to help us review our progress and set priorities for improving our level of coproduction (with the help of a toolkit)
- We will publish accessible reports to share how we are doing locally in implementing this pledge

How will people and families know if this pledge is being taken seriously and working?

People with support needs, advocates and families came together with health and social care professionals to draft this pledge. They told us some of the things we would expect people and families to be saying if the pledge is used effectively in local areas.

Coproduction is being taken seriously by us all

'I see a variety of views being taken into consideration from a variety of people (not necessarily the same people all of the time)'

'I see key decisions being taken as a result of coproduction'

'I have access to the training and support I need to understand the health and social care system'

'I feel confident to take part in coproduction activity'

'I have the practical support I need to take part in coproduction activity'

People are valued and supported

'I understand the process and feel part of it'

'I feel valued and recognised for my contribution'

'I feel I am part of the solution now and not the problem'

'I understand how my views have helped to make positive change'

Coproduction is having a positive impact for those involved

'I feel that I have choice and I am in control'

'Coproduction is helping me to get back to work'

'I have learnt and been supported to understand how to make a difference'

Coproduction meetings are working well

'I feel happy to be involved in the meetings'

'I have plenty of opportunities to be involved'

'I enjoy helping to make coproduction work'

'I don't always get my way but I understand why'

Coproduction is having a positive impact

'I feel as though I have been given the power to inform changes'

'I see real action taken from my views'

'I am seeing positive change which is improving service delivery and improving lives'

'I understand what can be done and cannot be done at this moment in time'

